



Frosty Acai Smoothie

Try this delicious smoothie recipe for a fun way to get your daily serving of acai juice. Experiment with different ratios and types of fruit and super fruit juice. Remember, the more liquid you use, the thinner your smoothie will be; more frozen fruit means a thicker smoothie.

Ingredients:

- 1 oz. acai juice.
- 1 ¼ cup plain almond milk, soy milk, or other milk alternative.
- 1 cup frozen blueberries.
- 1 large banana or mango.

Directions:

- Combine ingredients, liquid first.
- Blend until smooth.
- Pour and serve!

*These statements have not been evaluated by the Food and Drug Administration. Genesis PURE products are not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.

+With all herbs and supplements, it is important to consult a qualified health practitioner before implementing.